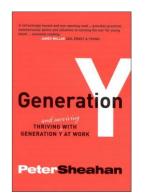
## Making "it" Happen:

Cutting edge strategies for getting people to do what you want them to do











petergsheahan

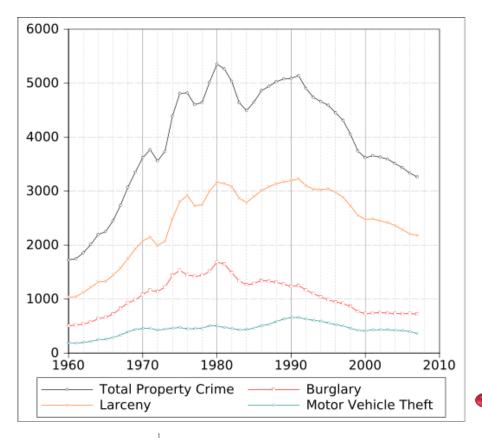


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### Crime in America:

- Violent ↓ 5+%
- Property ↓ 5+%
- Robbery ↓ 8+%

## Theories on why crime has dropped...

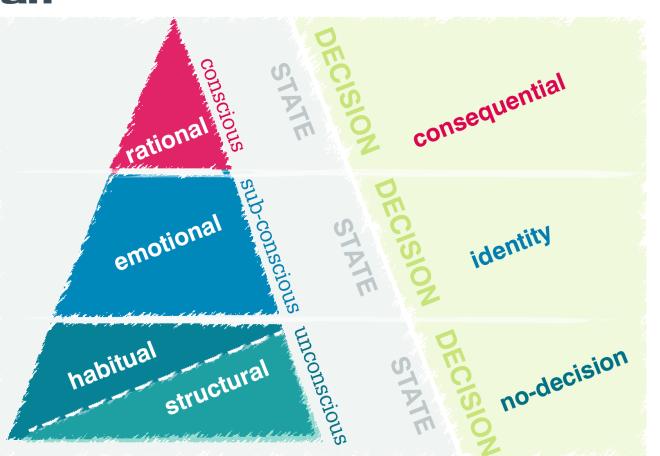
- 1 Lost faith in police = less reporting
- 2 Shared national pain
- 3 Games = less boredom
- 4 Less births = less boys
- 5 High unemployment = more people at home

## Assumptions that test poorly...

- 1 That we are in <u>control</u> of our decisions
- 2 That decisions are mostly <u>rational</u>
- That we are aware of why we make them
- 4 That we actually <u>make</u> decisions



The Anatomy of Human Decision Making





People who are good with hammers tend to think everything is a nail

## Would you do something if?

- 1 It made you less happy
- There was an 80+% chance of it creating an "economic burden" for you for life if you did it
- Would lead to long term denial of your human needs
- 4 It had a 50% chance of failing anyway
- 5 You would lose half your assets when it did



Highly effective change initiatives and travel programs impact all 4 layers of human decision making!



## 1. Consequential







...align cause and consequences





...incentivize wisely (we teach people how to behave)





...mitigate risk

## Consequential strategies...

- 1 Align cause and consequences
- 2 Incentivize wisely (carrots and sticks)
- 3 Mitigate risk (make it easy)



### Discuss!



How could you apply the "consequential strategies" to collegial travel management?







...mitigate risks





- ↑ 25% Yr 1 & 40% Yr 2
- 973,292 units sold
- Unemployment up 2.4%
- Assume 23,360 cars
- Max return value = \$2,625,000
- Net profit for period = \$7.226Bn



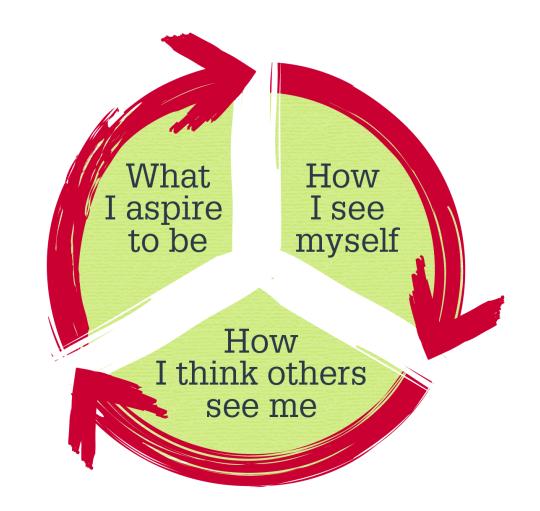


...accountability beats incentives

## 2. Identity



The
Construction
of
Personal
Identity







...build on existing "identities"







...narratives are the foundation of aspiration





...narratives are built through symbols



Allens Arthur Robinson

...narratives are built through symbols





...there is no change without social pressure





- ↑ \$4.4bn (annually)
- ↓ female attrition 5.7% (\$5m)
- † female job app's 37%
- ↑ female GM's 40%
- † female Geek Squad 400%

## Identity strategies...

- 1 Understand the targets identity based aspirations
- 2 Build a compelling narrative for the change
- 3 Build the narrative through symbols
- 4 Apply social pressure



## Discuss!



How could you apply the "identity strategies" to collegial travel management?



## 3. No-decision - Habitual





... "sameness" is your enemy







...be narrow and directive



# Health Hero NETWORK

...build in pattern "interruptions"

## Habitual strategies...

- 1 Be the exception to the rule (including you)
- 2 Directive and simple behaviors
- 3 Organize interruptions



### Discuss!



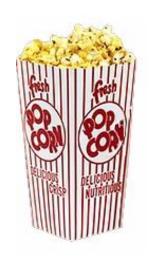
How could you apply the "habitual strategies" to collegial travel management?



# 4. No-decision - Structural









...environment changes behavior



...make engagement effortless





Mercedes-Benz

...put new behavior in flow or in the way





...make choosing easy





...real-time behavior modification

## Structural strategies...

- 1 Be intentional with design (physical and flow)
- 2 Build in real-time feedback loops
- 3 Put "new" behavior in flow
- 4 Put new behavior "in the way"



## Discuss!



How could you apply the "structural strategies" to collegial travel management?



What ONE strategy are you committed to acting upon from this session?



# www.petersheahan.com/sub-mih-us



flipstar@petersheahan.com

Twitter: petergsheahan





